

Community Resources



children
matter!



YOUTH
Matter!

Central Region

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Southwest Region

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Eastern Region

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Western Region

Stacky Gilkey
816-651-9290
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All Other Regions

State Office
573-619-1322
mof4f@mediacombb.net

- * Parent 2 Parent Support
- * Family Voice and Involvement
- * Networking
- * Activities
- * Trainings
- * Children's Mental Health Awareness Week



809 Swift Highway
Jefferson City, MO 65101
573-298-0258

- * Educates, supports, and advocates for foster and adoptive children, youth, and families in central Missouri
- * Offers services and partnering with community and governmental agencies to develop healthy and self-sufficient individuals and families
- * Provides direct support, education, services and advocacy to foster and adoptive families in a 13 county central Missouri region



Our Vision: Eliminate barriers to recovery for all affected by substance use disorders.

Our Mission: To promote awareness of substance use disorders and strengthen recovery.

Our Core Values:

- * In the transformational change of recovery for individuals and families
- * In working collaboratively with others to eliminate barriers
- * There are multiple pathways to recovery
- * In building leaders and empowering individuals
- * In mobilizing the recovery community
- * In commitment to excellence



800 Friedens Road, Suite 200
Saint Charles, MO 63303
636-949-2425

We provide a range of services for families that include a person with a disability. Our programs have been developed to support you, empower you, and provide you with the information and expert guidance you need to thrive.

We offer a variety of FREE workshops on the IEP process, 504, Special Education basics, Effective Communication, and Transitions to Success.



NAMI Missouri
3405 W. Truman Blvd Ste. 102
Jefferson City, MO 65109
573-634-7727

NAMI Southwest Missouri
1443 N. Robbeson Ave. #408
Springfield, MO 65802
1-800-374-2138 (Warm line)

NAMI Family-to-Family Education Program— free 12 weeks course for family caregivers of individuals with severe mental illnesses

NAMI Basics— education program for parents and other caregivers of children and adolescents living with mental illnesses

Mizzou: College of Education ParentLink

4800 Santana Circle
Columbia, MO 65211
1-800-552-5822

ParentLink supports Missouri's families and communities by linking parents and professionals to information and resources.

ParentLink provides quality parenting information, materials, and other resources to strengthen and support Missouri families.

ParentLink WarmLine— call center that is staffed with parenting experts that are available to answer any parent question you may have.

Family Partnership for Children and Youth with SHCN

1-800-451-0669 (toll free)

The Family Partnership employs 4 professional Family Partners. Family Partners are parents of individuals with special health care needs and provide information and peer support to family members. In addition to assisting families, the Family Partners plan, schedule and facilitate all Family Partnership events.



Down Syndrome Group of the Ozarks
PO Box 1598
Springfield, MO 65801
417-885-9905

Our mission is to help individuals with Down Syndrome become successful by providing support and education to loving families. We also are striving to bring awareness to early intervention services, promote inclusive education, highlight appropriate medical services, encourage quality employment opportunities and advocate for community awareness and acceptance.

MPACT Parent Training & Information

Missouri Parents Act (MPACT) is Missouri's Parent Training and Information Center, funded in part by the U.S. Department of Education and the State of Missouri. Our mission is to empower families to advocate for themselves so that children with special education needs can reach their full potential in education and life— through support, training, and education.

info@ptimpact.org
1-800-743-7634



Heartland Community Group

Area: Southeast Missouri and
Southern Illinois
573-334-5682

Central Missouri Down Syndrome Family Network

Area: Jefferson City Area
573-230-7230

Down Syndrome Group of the Lake of the Ozarks

Area: Camdenton and
surrounding areas
573-374-8337

Kirkwood/Webster Community Group

Area: Kirkwood/Webster and
surrounding areas
314-822-2227
618-570-8485

North County Community Group

Area: Florissant and
surrounding North St. Louis
County Areas

Northern Missouri Community Group

Area: Kirksville, Brookfield, and
surrounding areas
660-627-7453
660-258-7204

Saint Charles County Community Group

Area: St. Charles, West County,
and surrounding areas
downsyndromestc@gmail.com

SYNERGY DSAGSL Community Group

Area: South County, Jefferson
County, South St. Louis City
636-326-1787

MISSOURI FAMILY TO FAMILY

1-800-444-0821 (toll free)
816-235-1763 (Kansas City)

Missouri Family to Family serves individuals with disabilities and/or special health care needs, their families, and professionals who support them.



Association of Maryland
Heights, Missouri
2265 Schuetz Rd.
St. Louis, MO 63146
314-426-4024

The Brain Injury Association is a community based organization serving persons with brain injury, their families, caregivers, physicians, therapists, case managers, and others throughout the state of Missouri.