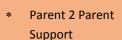
Community Resources





- Family Voice and Involvement
- * Networking
- * Activities
- * Trainings
- * Children's Mental Health Awareness Week

Central Region

Barbara Brake Shauna Frank Kory Boustead 573-619-1322 mof4fcentral@gmail.com mof4f@mediacombb.net

Southwest Region

Lynn Prince 417-496-1929 mof4fsw@gmail.com

Eastern Region

Rene Murph 314-448-3700 renemurph2010@gmail.com

Western Region

Stacky Gilkey 816-651-9290 mof4fw@gmail.com

All Other Regions

State Office

573-619-1322 mof4f@mediacombb.net



809 Swift Highway Jefferson City, MO 65101 573-298-0258

- Educates, supports, and advocates for foster and adoptive children, youth, and families in central Missouri
- Offers services and partnering with community and governmental agencies to develop healthy and self-sufficient individuals and families
- Provides direct support, education, services and advocacy to foster and adoptive families in a 13 county central Missouri region



Our Vision: Eliminate barriers to recovery for all affected by substance use disorders.

Our Mission: To promote awareness of substance use disorders and strengthen recovery.

Our Core Values:

- In the transformational change of recovery for individuals and families
- * In working collaboratively with others to eliminate barriers
- There are multiple pathways to recovery
- * In building leaders and empowering individuals
- In mobilizing the recovery community
- * In commitment to excellence



800 Friedens Road, Suite 200 Saint Charles, MO 63303 636-949-2425

We provide a range of services for families that include a person with a disability. Our programs have been developed to support you, empower you, and provide you with the information and expert guidance you need to thrive.

We offer a variety of FREE workshops on the IEP process, 504, Special Education basics, Effective Communication, and Transitions to Success.



NAMI Missouri 3405 W. Truman Blvd Ste. 102 Jefferson City, MO 65109 573-634-7727 NAMI Southwest Missouri 1443 N. Robbeson Ave. #408 Springfield, MO 65802 1-800-374-2138 (Warm line)

NAMI Family-to-Family Education Program – free 12 weeks course for family caregivers of individuals with severe mental illnesses

NAMI Basics— education program for parents and other caregivers of children and adolescents living with mental illnesses

Mizzou: College of Education ParentLink

4800 Santana Circle Columbia, MO 65211 1-800-552-5822

ParentLink supports Missouri's families and communities by linking parents and professionals to information and resources.

ParentLink provides quality parenting information, materials, and other resources to strengthen and support Missouri families.

ParentLink WarmLine— call center that is staffed with parenting experts that are available to answer any parent question you many have.

Family Partnership for Children and Youth with SHCN

1-800-451-0669 (toll free)

The Family Partnership employs 4 professional Family Partners. Family Partners are parents of individuals with special health care needs and provide information and peer support to family members. In addition to assisting families, the Family Partners plan, schedule and facilitate all Family Partnership events.



Down Syndrome Group of the Ozarks PO Box 1598 Springfield, MO 65801 417-885-9905

Our mission is to help individuals with Down Syndrome become successful by providing support and education to loving families. We also are striving to bring awareness to early intervention services, promote inclusive education, highlight appropriate medical services, encourage quality employment opportunities and advocate for community awareness and acceptance.

MPACT

Parent Training & Information

Missouri Parents Act (MPACT) is Missouri's Parent Training and Information Center, funded in part by the U.S. Department of Education and the State of Missouri. Our mission is to empower families to advocate for themselves so that children with special education needs can reach their full potential in education and life—through support, training, and education.

info@ptimpact.org

1-800-743-7634



Heartland Community Group

Area: Southeast Missouri and Southern Illinois 573-334-5682

Central Missouri Down Syndrome Family Network

Area: Jefferson City Area 573-230-7230

Down Syndrome Group of the Lake of the Ozarks

Area: Camdenton and surrounding areas 573-374-8337

Kirkwood/Webster Community Group

Area: Kirkwood/Webster and surrounding areas 314-822-2227 618-570-8485

North County Community Group

Area: Florissant and surrounding North St. Louis County Areas

Northern Missouri Community Group

Area: Kirksville, Brookfield, and surrounding areas 660-627-7453 660-258-7204

Saint Charles County Community Group

Area: St. Charles, West County, and surrounding areas downsyndromestc@gmail.com

SYNERGY DSAGSL Community Group

Area: South County, Jefferson County, South St. Louis City 636-326-1787

Missouri Family to Family

1-800-444-0821 (toll free) 816-235-1763 (Kansas City)

Missouri Family to Family serves individuals with disabilities and/or special health care needs, their families, and professionals who support them.



Association of Maryland Heights, Missouri 2265 Schuetz Rd. St. Louis, MO 63146 314-426-4024

The Brain Injury Association is a community based organization serving persons with brain injury, their families, caregivers, physicians, therapists, case managers, and others throughout the state of Missouri.