

SOC-CESS

System of Care- Community for Early Signs and Symptoms

Designed for youth ages 9-17 and their families. A System of Care (SOC) is a group of local organizations that wraps supports around youth and families. SOC-CESS is an enhanced SOC providing early screening and identification for youth who are potentially at risk for experiencing psychosis. The Missouri Department of Mental Health is working with three Certified Community Behavioral Health Clinics to enhance the local communities' SOC and move towards wide-scale expansion. These three clinics are Ozark Center, Joplin, Compass Health Network, Jefferson City and Burrell Behavioral Health Center, Springfield.

Research shows that 3/100 people in the general population could develop a psychotic disorder, and that 5 to 8 out of 100 people in the general population may have psychotic-like experiences (Laurens et al., 2012). A review of the research shows that approximately 1 out of 3 people ages 12-30, potentially at risk for psychosis tend to transition to psychosis within one year of being identified (Strafford et al., 2013).

The longer a person experiences psychosis episodes without treatment, the greater the risk they will experience more remissions, positive symptoms, and poor social functioning in the future (Crumlish et al., 2009).

SOC-CESS aims to intervene early by better preparing youth through evidence-informed treatment, so that when they are ready to become more independent they have a better understanding of themselves, and how to manage their symptoms, which helps to reduce the chance of entering a crisis.

SOC-CESS services engage youth and families, and aim to eliminate the over use of behavioral health services, prevent or reduce crisis, and aims to reduce the burden of cost on these organizations over time. Overall, SOC-CESS aims to support and empower youth and families to live their lives and achieve their life goals.

Why SOC-CESS is Important to Youth

- SOC-CESS seeks to partner with youth by making sure their voice is heard regarding treatment services, SOC, policies, and youth leadership.
 - Youth voice is critical regarding any treatment or services they may need.
 - SOC-CESS seeks to help youth understand their thoughts, feelings, and actions in a way that is meaningful and helpful.
 - SOC-CESS seeks to provide treatment options that are helpful to the youth, and allow the youth to decide which options are right for them.
 - SOC-CESS seeks to empower youth to take an active part in the planning of the services the youth need.
 - SOC-CESS aims to better prepare youth through their treatment, so that when they are ready to become more independent then they have a better understanding of themselves, and how to manage their symptoms without entering a crisis.
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